



Open Gymnastics Waiver And Protocol

1. Participation is for children ages 6 and up
2. ONLY participants 6 years and older that have paid are allowed on the floor. Parents and siblings may watch from the balcony above
3. Parent or Legal Guardian must sign waiver before a child will be admitted to open gymnastics
4. Participants will be informed of all rules during group stretching, which must be attended in order to participate
 - a. **ONE person on trampoline at a time**
 - b. **All gymnastics into pit must land FEET FIRST ONLY**
 - c. **NO running**
 - d. **ONLY skills learned in class are allowed without a spot from an instructor**
 - e. **ALL birthday party rules apply.**
5. Instructors hold the right to suspend any behavior or skills, which deem to be dangerous or inappropriate to the participant or other participants in the gym and has the right to dismiss a participant from the activity.

By signing below, I understand and will **abide by the open gymnastics protocol**, this waiver will be good for one year, starting with the date it is signed. I understand by signing this form Evergreen Park & Recreation District is not liable for any injury incurred by the participant, myself, or both, while participating in this program. Any participant under 18 years of age must have a parent or legal guardian's signature.

Child's Name (printed) _____

Child initials that he/she will abide by protocol rules _____

Parent or Legal Guardian (printed) _____

Parent or Legal Guardian (signature) _____

Date _____

Emergency Contact numbers _____
