Results- Elk Meadow 5K & 10K July 10, 2021

10k - Overall

Place	Bib	Name	Distance	Category	Gender	Time
1	803	Samuel Shusterman	10k	50-59	Male	45:44.3
2	780	Jake Jezier	10k	20-29	Male	48:54.7
3	791	Kevin Medrala	10k	30-39	Male	51:29.0
4	779	J Jabara	10k	50-59	Male	51:52.2
5	483	Jake Behnken	10k	20-29	Male	51:59.6
6	868	Cara Casterline	10k	20-29	Female	52:52.5
7	330	Emily Alberts	10k	30-39	Female	53:00.8
8	776	Stacey Hendry	10k	40-49	Female	53:33.4
9	809	Clint Steffens	10k	50-59	Male	53:58.4
10	821	Josh Woodard	10k	30-39	Male	55:13.2
11	588	Claire Cuthbert	10k	20-29	Female	55:24.7
12	806	David Chayne Smith	10k	30-39	Male	56:12.0
13	790	Joshua McGuire	10k	40-49	Male	57:21.7
14	607	Andrew Helman	10k	30-39	Male	57:53.8
15	601	Nathan Hawk	10k	40-49	Male	58:12.3
16	786	Nicole Lapka	10k	30-39	Female	58:21.1
17	787	Liz Leisinger	10k	30-39	Female	59:56.6
18	556	Amy E Burhorn	10k	30-39	Female	1:00:04.0
19	608	Richard Hendry	10k	50-59	Male	1:00:18.1
20	862	Jason Torgler	10k	50-59	Male	1:00:35.0
21	798	Nadine Reitman	10k	30-39	Female	1:00:46.2
22	794	Tracy Morton	10k	30-39	Female	1:02:23.7
23	561	Richard Carney	10k	50-59	Male	1:02:36.0
24	557	Allison Burzio-Aagaard	10k	40-49	Female	1:03:27.7
25	865	Orlando Hall	10k	30-39	Male	1:03:48.4
26	778	Rebekah Hynson	10k	30-39	Female	1:04:42.1
27	781	Jessica Jobe	10k	30-39	Female	1:04:59.1
28	826	Bruce Dahm	10k	50-59	Male	1:05:28.7
29	819	Suzanne Wittenbrink	10k	30-39	Female	1:06:13.3
30	597	Robert Gage	10k	50-59	Male	1:07:09.7
31	804	Andrea Sieker	10k	20-29	Female	1:08:12.5
32	435	Chris Ashbaugh	10k	40-49	Male	1:08:20.0
33	811	Austin Tighe	10k	30-39	Male	1:09:11.1
34	440	Erika Ashbaugh	10k	40-49	Female	1:09:27.3
35	863	Michael Roche	10k	60-69	Male	1:09:51.8
36	471	Sara Elyse Aupperle	10k	30-39	Female	1:10:22.2
37	784	Bill Kimball	10k	30-39	Male	1:10:31.1
38	808	Ryan C Spawr	10k	30-39	Male	1:11:18.1
39	866	Maria Sandoval	10k	30-39	Female	1:13:18.2
40	867	Joe Sandoval	10k	40-49	Male	1:13:18.7
41	813	Maryjane Valade	10k	40-49	Female	1:13:24.2
42	864	Charles Scheibe	10k	60-69	Male	1:16:34.9
43	792	Z Megyery	10k	30-39	Female	1:16:40.1
44	575	Aaron Chick	10k	30-39	Male	1:16:46.6
45	542	Sierra Boites	10k	40-49	Female	1:17:08.0
46	822	Sharon Burger	10k	40-49	Female	1:18:35.8
47	861	Guy Chavez	10k	60-69	Male	1:18:55.0
48	783	Tess Jones	10k	20-29	Female	1:19:02.0
49	827	Holly Dahm	10k	50-59	Female	1:19:06.6
50	594	Kelsey Kelsey Davies	10k	30-39	Female	1:19:21.2
51	525	David Bennett	10k	50-59	Male	1:19:29.2
52	539	Jean Bennett	10k	50-59	Female	1:19:32.2
53	583	Erica Cox	10k	50-59	Female	1:20:04.3
54	782	Susan Jones	10k	60-69	Female	1:25:25.3
55	598	Kayla Goodchild	10k	20-29	Female	1:26:55.9
56	578	Amy Ciarlelli	10k	30-39	Female	1:28:18.9
57	566	Brett Chapman	10k	50-59	Male	1:30:47.8
58	814	Chad Vinding	10k	40-49	Male	1:45:53.3

10k - Female

Place	Bib	Name	Distance	Category	Gender	Time
1	868	Cara Casterline	10k	20-29	Female	52:52.5
2	330	Emily Alberts	10k	30-39	Female	53:00.8
3	776	Stacey Hendry	10k	40-49	Female	53:33.4
4	588	Claire Cuthbert	10k	20-29	Female	55:24.7
5	786	Nicole Lapka	10k	30-39	Female	58:21.1
6	787	Liz Leisinger	10k	30-39	Female	59:56.6
7	556	Amy E Burhorn	10k	30-39	Female	1:00:04.0
8	798	Nadine Reitman	10k	30-39	Female	1:00:46.2
9	794	Tracy Morton	10k	30-39	Female	1:02:23.7
10	557	Allison Burzio-Aagaard	10k	40-49	Female	1:03:27.7
11	778	Rebekah Hynson	10k	30-39	Female	1:04:42.1
12	781	Jessica Jobe	10k	30-39	Female	1:04:59.1
13	819	Suzanne Wittenbrink	10k	30-39	Female	1:06:13.3
14	804	Andrea Sieker	10k	20-29	Female	1:08:12.5
15	440	Erika Ashbaugh	10k	40-49	Female	1:09:27.3
16	471	Sara Elyse Aupperle	10k	30-39	Female	1:10:22.2
17	866	Maria Sandoval	10k	30-39	Female	1:13:18.2
18	813	Maryjane Valade	10k	40-49	Female	1:13:24.2
19	792	Z Megyery	10k	30-39	Female	1:16:40.1
20	542	Sierra Boites	10k	40-49	Female	1:17:08.0
21	822	Sharon Burger	10k	40-49	Female	1:18:35.8
22	783	Tess Jones	10k	20-29	Female	1:19:02.0
23	827	Holly Dahm	10k	50-59	Female	1:19:06.6
24	594	Kelsey Kelsey Davies	10k	30-39	Female	1:19:21.2
25	539	Jean Bennett	10k	50-59	Female	1:19:32.2
26	583	Erica Cox	10k	50-59	Female	1:20:04.3
27	782	Susan Jones	10k	60-69	Female	1:25:25.3
28	598	Kayla Goodchild	10k	20-29	Female	1:26:55.9
29	578	Amy Ciarlelli	10k	30-39	Female	1:28:18.9

10k - Male

Place	Bib	Name	Distance	Category	Gender	Time
1	803	Samuel Shusterman	10k	50-59	Male	45:44.3
2	780	Jake Jezier	10k	20-29	Male	48:54.7
3	791	Kevin Medrala	10k	30-39	Male	51:29.0
4	779	J Jabara	10k	50-59	Male	51:52.2
5	483	Jake Behnken	10k	20-29	Male	51:59.6
6	809	Clint Steffens	10k	50-59	Male	53:58.4
7	821	Josh Woodard	10k	30-39	Male	55:13.2
8	806	David Chayne Smith	10k	30-39	Male	56:12.0
9	790	Joshua McGuire	10k	40-49	Male	57:21.7
10	607	Andrew Helman	10k	30-39	Male	57:53.8
11	601	Nathan Hawk	10k	40-49	Male	58:12.3
12	608	Richard Hendry	10k	50-59	Male	1:00:18.1
13	862	Jason Torgler	10k	50-59	Male	1:00:35.0
14	561	Richard Carney	10k	50-59	Male	1:02:36.0
15	865	Orlando Hall	10k	30-39	Male	1:03:48.4
16	826	Bruce Dahm	10k	50-59	Male	1:05:28.7
17	597	Robert Gage	10k	50-59	Male	1:07:09.7
18	435	Chris Ashbaugh	10k	40-49	Male	1:08:20.0
19	811	Austin Tighe	10k	30-39	Male	1:09:11.1
20	863	Michael Roche	10k	60-69	Male	1:09:51.8
21	784	Bill Kimball	10k	30-39	Male	1:10:31.1
22	808	Ryan C Spawr	10k	30-39	Male	1:11:18.1
23	867	Joe Sandoval	10k	40-49	Male	1:13:18.7
24	864	Charles Scheibe	10k	60-69	Male	1:16:34.9
25	575	Aaron Chick	10k	30-39	Male	1:16:46.6
26	861	Guy Chavez	10k	60-69	Male	1:18:55.0
27	525	David Bennett	10k	50-59	Male	1:19:29.2
28	566	Brett Chapman	10k	50-59	Male	1:30:47.8
29	814	Chad Vinding	10k	40-49	Male	1:45:53.3

5k - Overall

Place	Bib	Name	Distance	Category	Gender	Time
1	860	Nolan Madsen	5k	20-29	Male	24:05.5
2	841	Ab Mosca	5k	30-39	Female	24:16.9
3	829	Kylee Drugan-Eppich	5k	20-29	Female	24:21.6
4	839	Ryan McLaughlin	5k	40-49	Male	28:43.5
5	845	Jamie N Pool	5k	40-49	Female	30:35.0
6	823	Ellen Burke	5k	30-39	Female	30:37.6
7	858	Paul Madsen	5k	50-59	Male	32:01.3
8	832	Diana Halley	5k	40-49	Female	33:38.9
9	830	Erin Ebeling	5k	30-39	Female	36:02.2
10	824	Jonnette Castorino	5k	40-49	Female	37:06.6
11	856	Crystal Wildes	5k	40-49	Female	37:38.5
12	844	Kirsten Petty	5k	30-39	Female	37:40.2
13	831	Maddie Garone	5k	30-39	Female	39:30.2
14	857	Mark Taylor	5k	70-79	Male	39:34.7
15	835	Linda Keller	5k	30-39	Female	40:04.6
16	842	Sam Moss	5k	30-39	Male	40:55.0
17	599	Alexandra Hatem	5k	30-39	Female	41:56.8
18	859	Claudia Meza	5k	20-29	Female	44:58.8
19	833	Michael G Jezier	5k	60-69	Male	48:40.8
20	834	Kristy Kadash	5k	40-49	Female	48:48.0
21	825	Michael Steven Chessnoe	5k	70-79	Male	49:21.4

5k - Female

Place	Bib	Name	Distance	Category	Gender	Time
1	841	Ab Mosca	5k	30-39	Female	24:16.9
2	829	Kylee Drugan-Eppich	5k	20-29	Female	24:21.6
3	845	Jamie N Pool	5k	40-49	Female	30:35.0
4	823	Ellen Burke	5k	30-39	Female	30:37.6
5	832	Diana Halley	5k	40-49	Female	33:38.9
6	830	Erin Ebeling	5k	30-39	Female	36:02.2
7	824	Jonnette Castorino	5k	40-49	Female	37:06.6
8	856	Crystal Wildes	5k	40-49	Female	37:38.5
9	844	Kirsten Petty	5k	30-39	Female	37:40.2
10	831	Maddie Garone	5k	30-39	Female	39:30.2
11	835	Linda Keller	5k	30-39	Female	40:04.6
12	599	Alexandra Hatem	5k	30-39	Female	41:56.8
13	859	Claudia Meza	5k	20-29	Female	44:58.8
14	834	Kristy Kadash	5k	40-49	Female	48:48.0

5k - Male

Place	Bib	Name	Distance	Category	Gender	Time
1	860	Nolan Madsen	5k	20-29	Male	24:05.5
2	839	Ryan McLaughlin	5k	40-49	Male	28:43.5
3	858	Paul Madsen	5k	50-59	Male	32:01.3
4	857	Mark Taylor	5k	70-79	Male	39:34.7
5	842	Sam Moss	5k	30-39	Male	40:55.0
6	833	Michael G Jezier	5k	60-69	Male	48:40.8
7	825	Michael Steven Chessnoe	5k	70-79	Male	49:21.4

10k - 20-29 - Female

Place	Bib	Name	Distance	Category	Gender	Time
1	868	Cara Casterline	10k	20-29	Female	52:52.5
2	588	Claire Cuthbert	10k	20-29	Female	55:24.7
3	804	Andrea Sieker	10k	20-29	Female	1:08:12.5
4	783	Tess Jones	10k	20-29	Female	1:19:02.0
5	598	Kayla Goodchild	10k	20-29	Female	1:26:55.9

10k - 20-29 - Male

Place	Bib	Name	Distance	Category	Gender	Time
1	780	Jake Jezier	10k	20-29	Male	48:54.7
2	483	Jake Behnken	10k	20-29	Male	51:59.6

10k - 30-39 - Female

Place	Bib	Name	Distance	Category	Gender	Time
1	330	Emily Alberts	10k	30-39	Female	53:00.8
2	786	Nicole Lapka	10k	30-39	Female	58:21.1
3	787	Liz Leisinger	10k	30-39	Female	59:56.6
4	556	Amy E Burhorn	10k	30-39	Female	1:00:04.0
5	798	Nadine Reitman	10k	30-39	Female	1:00:46.2
6	794	Tracy Morton	10k	30-39	Female	1:02:23.7
7	778	Rebekah Hynson	10k	30-39	Female	1:04:42.1
8	781	Jessica Jobe	10k	30-39	Female	1:04:59.1
9	819	Suzanne Wittenbrink	10k	30-39	Female	1:06:13.3
10	471	Sara Elyse Aupperle	10k	30-39	Female	1:10:22.2
11	866	Maria Sandoval	10k	30-39	Female	1:13:18.2
12	792	Z Megyery	10k	30-39	Female	1:16:40.1
13	594	Kelsey Kelsey Davies	10k	30-39	Female	1:19:21.2
14	578	Amy Ciarlelli	10k	30-39	Female	1:28:18.9

10k - 30-39 - Male

Place	Bib	Name	Distance	Category	Gender	Time
1	791	Kevin Medrala	10k	30-39	Male	51:29.0
2	821	Josh Woodard	10k	30-39	Male	55:13.2
3	806	David Chayne Smith	10k	30-39	Male	56:12.0
4	607	Andrew Helman	10k	30-39	Male	57:53.8
5	865	Orlando Hall	10k	30-39	Male	1:03:48.4
6	811	Austin Tighe	10k	30-39	Male	1:09:11.1
7	784	Bill Kimball	10k	30-39	Male	1:10:31.1
8	808	Ryan C Spawr	10k	30-39	Male	1:11:18.1
9	575	Aaron Chick	10k	30-39	Male	1:16:46.6

10k - 40-49 - Female

Place	Bib	Name	Distance	Category	Gender	Time
1	776	Stacey Hendry	10k	40-49	Female	53:33.4
2	557	Allison Burzio-Aagaard	10k	40-49	Female	1:03:27.7
3	440	Erika Ashbaugh	10k	40-49	Female	1:09:27.3
4	813	Maryjane Valade	10k	40-49	Female	1:13:24.2
5	542	Sierra Boites	10k	40-49	Female	1:17:08.0
6	822	Sharon Burger	10k	40-49	Female	1:18:35.8

10k - 40-49 - Male

Place	Bib	Name	Distance	Category	Gender	Time
1	790	Joshua McGuire	10k	40-49	Male	57:21.7
2	601	Nathan Hawk	10k	40-49	Male	58:12.3
3	435	Chris Ashbaugh	10k	40-49	Male	1:08:20.0
4	867	Joe Sandoval	10k	40-49	Male	1:13:18.7
5	814	Chad Vinding	10k	40-49	Male	1:45:53.3

10k - 50-59 - Female

Place	Bib	Name	Distance	Category	Gender	Time
1	827	Holly Dahm	10k	50-59	Female	1:19:06.6
2	539	Jean Bennett	10k	50-59	Female	1:19:32.2
3	583	Erica Cox	10k	50-59	Female	1:20:04.3

10k - 50-59 - Male

Place	Bib	Name	Distance	Category	Gender	Time
1	803	Samuel Shusterman	10k	50-59	Male	45:44.3
2	779	J Jabara	10k	50-59	Male	51:52.2
3	809	Clint Steffens	10k	50-59	Male	53:58.4
4	608	Richard Hendry	10k	50-59	Male	1:00:18.1
5	862	Jason Torgler	10k	50-59	Male	1:00:35.0
6	561	Richard Carney	10k	50-59	Male	1:02:36.0
7	826	Bruce Dahm	10k	50-59	Male	1:05:28.7
8	597	Robert Gage	10k	50-59	Male	1:07:09.7
9	525	David Bennett	10k	50-59	Male	1:19:29.2
10	566	Brett Chapman	10k	50-59	Male	1:30:47.8

10k - 60-69 - Female

Place	Bib	Name	Distance	Category	Gender	Time
1	782	Susan Jones	10k	60-69	Female	1:25:25.3

10k - 60-69 - Male

Place	Bib	Name	Distance	Category	Gender	Time
1	863	Michael Roche	10k	60-69	Male	1:09:51.8
2	864	Charles Scheibe	10k	60-69	Male	1:16:34.9
3	861	Guy Chavez	10k	60-69	Male	1:18:55.0

5k - 20-29 - Female

Place	Bib	Name	Distance	Category	Gender	Time
1	829	Kylee Drugan-Eppich	5k	20-29	Female	24:21.6
2	859	Claudia Meza	5k	20-29	Female	44:58.8

5k - 20-29 - Male

Place	Bib	Name	Distance	Category	Gender	Time
1	860	Nolan Madsen	5k	20-29	Male	24:05.5

5k - 30-39 - Female

Place	Bib	Name	Distance	Category	Gender	Time
1	841	Ab Mosca	5k	30-39	Female	24:16.9
2	823	Ellen Burke	5k	30-39	Female	30:37.6
3	830	Erin Ebeling	5k	30-39	Female	36:02.2
4	844	Kirsten Petty	5k	30-39	Female	37:40.2
5	831	Maddie Garone	5k	30-39	Female	39:30.2
6	835	Linda Keller	5k	30-39	Female	40:04.6
7	599	Alexandra Hatem	5k	30-39	Female	41:56.8

5k - 30-39 - Male

Place	Bib	Name	Distance	Category	Gender	Time
1	842	Sam Moss	5k	30-39	Male	40:55.0

5k - 40-49 - Female

Place	Bib	Name	Distance	Category	Gender	Time
1	845	Jamie N Pool	5k	40-49	Female	30:35.0
2	832	Diana Halley	5k	40-49	Female	33:38.9
3	824	Jonnette Castorino	5k	40-49	Female	37:06.6
4	856	Crystal Wildes	5k	40-49	Female	37:38.5
5	834	Kristy Kadash	5k	40-49	Female	48:48.0

5k - 40-49 - Male

Place	Bib	Name	Distance	Category	Gender	Time
1	839	Ryan McLaughlin	5k	40-49	Male	28:43.5

5k - 50-59 - Female

Place	Bib	Name	Distance	Category	Gender	Time

5k - 50-59 - Male

Place	Bib	Name	Distance	Category	Gender	Time
1	858	Paul Madsen	5k	50-59	Male	32:01.3

5k - 60-69 - Male

Place	Bib	Name	Distance	Category	Gender	Time
1	833	Michael G Jezier	5k	60-69	Male	48:40.8

5k - 70-79 - Male

Place	Bib	Name	Distance	Category	Gender	Time
1	857	Mark Taylor	5k	70-79	Male	39:34.7
2	825	Michael Steven Chessnoe	5k	70-79	Male	49:21.4

EVERGREEN Park & Recreation District
Elevate Your Life!